



Register now for a live orientation webinar!

LifeWorks can help.

About LifeWorks by Morneau Shepell

LifeWorks by Morneau Shepell blends the best user experience and clinical expertise together to help people everywhere achieve total mental, physical, social and financial well-being. It has both **your employee and family assistance program (EFAP)** and personalized well-being resources that can support you and your dependants with issues related to work, life, and everything in between.

- **24/7 access** to professional, caring consultants for advice and support
- **24/7 access** to the hundreds of articles, recordings, quizzes, self-assessments, and more online and on our free app
- **24/7 telephonic access to Master's-level counsellors** for immediate, short-term support
- Referrals to telephonic, in-person, virtual group, or secure video counselling
- Connections to support agencies in your community
- Support for people leaders, including critical incident and organizational change support.

Register today to learn more about how LifeWorks by Morneau Shepell can support you on your well-being journey!

Manager Orientation

In English:

[Thursday, February 13th 1pm - 2pm EST](#)

[Thursday, April 9th 1pm - 2pm EST](#)

[Thursday, July 9th 1pm - 2pm EST](#)

[Thursday, October 8th 1pm - 2pm EST](#)

In French:

[Thursday, February 13th 11 - 12pm EST](#)

[Thursday, April 9th 11 - 12pm EST](#)

[Thursday, July 9th 11 - 12pm EST](#)

[Thursday, October 8th 11-12pm EST](#)

Employee Orientation

In English:

[Thursday, February 20th 1pm - 1:30pm EST](#)

[Thursday, April 16th 1pm - 1:30pm EST](#)

[Thursday, July 16th 1pm - 1:30pm EST](#)

[Thursday, October 15th 1pm - 1:30pm EST](#)

In French:

[Thursday, February 20th 11am - 11:30am EST](#)

[Thursday, April 16th 11am - 11:30am EST](#)

[Thursday, July 16th 11am - 11:30am EST](#)

[Thursday, October 15th 11am - 11:30am EST](#)