

# New Features Coming to Your OASSIS Benefit Plan March 1, 2017

As a committed **partner in your good health**, we are very pleased to announce some exciting new enhancements to your OASSIS Employee Benefit plan. We want our plans to provide the very best solutions for our member organizations. Your plan members' good health remains our number one priority.

Every year, we analyze our plans and look for ways to make plan improvements while keeping costs manageable for all our member organizations. This year's changes are designed with that careful balance in mind.

Starting March 1, 2017, the following changes will come into effect:



## Coverage for anti-obesity drugs

Plan members who require anti-obesity drugs will now receive coverage up to a \$15,000 lifetime maximum. All drugs must be prescribed by a legally-qualified medical practitioner, and require prior approval from Green Shield Canada (GSC).



## Updates to dental benefits

- **Basic diagnostic and preventive services** – Your plan members can receive up to four units of scaling per recall period, up from one unit.
- **Periodontal treatment of diseased bone and gums** – A cap of six units of periodontal scaling is being introduced.



## New limits on physiotherapy

The following physiotherapy claim limits will apply per plan member, per plan year:

- **Value plan** – \$500
- **Standard and Enhanced plans** – \$1,000

There is no change to existing physiotherapy limits for Standard Plus and Enhanced Plus plans.



## Smoking cessation program

The GSC Smoking Cessation Program can support eligible plan members who want to quit smoking. In consultation with their pharmacist, members will develop a plan that can include pharmacist counselling and/or a smoking cessation drug.



## Dietitian health coaching

Your plan members now have access to coaching from registered dietitians at grocery stores across Canada, through GSC's Change4Life program. Dietitian health coaching focuses on food and nutrition, to help plan members prevent and manage chronic diseases such as diabetes, high cholesterol, hypertension and obesity. The program is also available by phone or video conferencing for members who do not live near a participating grocery store.

Plan members can email [dietitian@loblaw.ca](mailto:dietitian@loblaw.ca) to make an appointment at a Loblaw pharmacy. For a Sobeys pharmacy, they can fill out an online request at <http://sobeypharmacy.com/greenshield>.