



Canada's **healthyworkplacemonth**

mois **nte** **autravail** au Canada

# Feel Great at Work!

Take care of yourself.

Do your best.

Help others.

Organize weekly activities throughout the month of October to empower your employees to feel and do their best.

For ideas, resources, tools, and information visit [www.healthyworkplacemonth.ca](http://www.healthyworkplacemonth.ca)

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